NEW PATIENT INTAKE FORM

Please list any medications or supplements that you have been prescribed and/or are currently taking:

Medication or Supplement	Dosage/ Strength	Frequency
		□ Daily □ 2xdaily □ 3xdaily □ 4xdaily As needed
		□ Daily □ 2xdaily □ 3xdaily □ 4xdaily □ As needed
		□ Daily □ 2xdaily □ 3xdaily □ 4xdaily □ As needed
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		☐ Daily ☐ 2xdaily ☐ 3xdaily ☐ 4xdaily ☐ As needed
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		☐ Daily ☐ 2xdaily ☐ 3xdaily ☐ 4xdaily ☐ As needed
		□ Daily □ 2xdaily □ 3xdaily □ 4xdaily □ As needed
Do you have any allergies to medications? Do you have any other significant allergies? Do you have any other medical conditions? Date of last Tetanus Shot, if known:/_ Please list any prior surgeries, injuries or trau		Are you up to date on your Immunizations? Y N
Health Habits Do you eat a special diet? Y N Describe_		
Do you exercise regularly? Y N Frequence	cy and Durat	ion
		? Type End Date:/
Do you drink soda? Y N How much per	r day?	
Do you drink alcohol? V N Frequency and	amount:	Tyne

Family History

Do you have any biological relative with any of the following? Please indicate relationship to you for all "YES" answers.

Condition	YES	NO	Relation
Breast Cancer			
Colon Cancer			
Other Cancer			
Diabetes			
Addiction			
Mental Illness			

Condition	YES	NO	Relation
Heart Attack			
Stroke			
High Blood Pressure			
Thyroid Disease			
Blood Disorder			
Other			

Symptom Review

Do not mark if symptoms aren't present. However if you do, rate symptoms: **1** = Mild, **2** = Moderate, **3** = Severe.

Head and Face	1	2	3
Headaches	1	2	3
Allergies	1	2	3
Memory Loss	1	2	3
Other:		2	
Eyes			
Poor Vision	1	2	3
Eye Pain	1 1	2	3
Inflammation	1	2	3
Other:	1		
Ears			
Poor Hearing	1	2	3
Earaches	1	2	3
Discharge	1	2	3
Ringing	1	2	3
Other:	1	2	3
Nose			
Frequent Colds	1	2	3
Sinus Trouble	1	2	3
Bleeding	1	2	3
Difficulty Breathing	1	2	3
Other:	1	2	3
Mouth			
Gum Problems	1	2	3
Teeth Problems	1	2	
Jaw Problems	1	2	3
Unusual Tastes	1	2	3
Other:	1	2	3
Throat			
Sore Throat	1	2	3
Hoarseness	1	2	3
Difficulty Swallowing	1	2	3
Other:	1	2	3
Body Pain			
Arthritis/Rheumatoid	1 1	2	3
Muscle Pain	1	2	3
Difficulty Laying Flat	1	2	3
Tightness in Chest	1	2	-
Other:	1	2	3

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Circulation	1	2	3
Palpitation	1	2	3
High Blood Pressure	1	2	3
Low Blood Pressure	1	2	3
Bruise Easily	1	2	3
Bleed Easily	1	2	3
Slow Wound Healing	1	2	3
Cold Limbs	1	2	3
Other:	1	2	3
Gastrointestinal			
Excess Thirst	1	2	3
Excess Appetite	1	2	3
Weight (Gain) (Loss)	1	2	3
Digestive Pain	1		
Nausea	1	2	3
Vomiting	1	2	3
Diarrhea	1	2	3
Constipation	1	2	3
Blood in Stool	1	2	3
Colon Problems	1	_	
Hemorrhoids	1	2	3
Other:	1	2	3
Urination			
Frequent	1	2	3
Difficulty	1		
Nighttime	1	2	3
Bleeding	1	2	3
Painful	1	2	3
Describe:	1	2	3
Skin			
Rashes	1	2	3
Dryness	1	2	3
Moles or Lumps	1	2	3
Excess Sweat	1		
Night Sweat	1	2	3
Rarely Sweat	1	2	
Other:	1	2	3

o, rate symptoms.	Τ-	IV	mu	,
Neurological	1	2	3	
Dizziness		2		
Nervousness		2		
Tremors		2		
Seizures	1			
Numbness/tingling	1		3	
Loss of Balance	1	2		
Nerve Pain	1	2		
Other:	1	2	3	
Energy				
Low (fatigue)	1	_	3	
High	1	2	3	
Women's Health				
Pelvic Pain	1	2	3	
Menopausal sx	1	2		
Vaginal Discharge	1	2	3	
Difficulty Conceiving	1	2	3	
Sexual Difficulties	1	2	3	
Other:	1	2	3	
Number of Pregnanci				
Number of Living Chil	dre	n:		
Menstrual Cycle				
Irregular	1	2	3	
Excess Blood	1	2	3	
Lack of Blood	1	2	3	
Dark Colored Blood	1	2	3	
Light Colored Blood	1	2	3	
Bleeding Midcycle	1	2	3	
Clotting	1	2	3	
Water Retention	1		3	
Breast Tenderness	1	2	3	
Emotional Changes	1	2		
Painful (cramping)	1	2	3	

Sleep	1	Z	3
Insomnia	1	2	3
Drowsiness	1	2	3
Dream Disturbance	1	2	3
Describe:	1	2	3
Mental Health			
Depression	1	2	3
Anxiety	1	2	3
Irritability	1	2	3
Other:	1	2	3
Men's Health			
Prostate Problems	1	2	3
Genital Pain	1	2	3
Genital Swelling	1	2	3
Sexual Difficulties	1	2	3
Other:	1	2	3