



# CLASSEN FAMILY MEDICINE CLINIC

[www.classenfamilymedicine.com](http://www.classenfamilymedicine.com)

Thank you for scheduling your Wellness Exam at Classen Family Medicine. A Wellness Exam is a great way to be proactive in taking control of your health, useful in the early detection of unsuspected illness or disease, and building a relationship with your primary care provider.

We know that navigating the healthcare insurance system can be challenging. Determining what is included in your Wellness Exam for billing purposes is one of those challenges. The below illustration demonstrates what is considered a part of your Wellness Exam and what may constitute an additional charge in conjunction with your Wellness Exam (which may require a copay or be applied to your deductible).

These lists are not all-inclusive, and we recommend always contacting your insurance company to determine your coverage and benefits. Please complete the signature and acknowledgment section at the bottom of this page.

## **Included in a wellness visit**

Medical history  
Review of medication list  
Preventative screenings  
Review of immunization status  
Medical or other allergies history  
Social history  
Family history  
Surgical history  
Review of systems  
Vital signs  
Complete physical exam  
(i.e. heart, lungs, skin, etc.)  
Age appropriate pap smear (females)  
Age appropriate prostate exam (males)  
Ordering of screening labs  
Health screening recommendations  
Lifestyle behavioral recommendations

## **NOT included in your wellness exam**

New complaints or problems  
Ongoing medication renewals  
Management of chronic health issue (i.e. diabetes, thyroid)  
Non screening tests (i.e. A1C, glucose, spirometry)  
Addressing worrisome or bothersome symptoms  
Identification of new problems by the provider for future workup  
Procedures/injections Immunizations

Printed name: \_\_\_\_\_ Date of birth: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

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